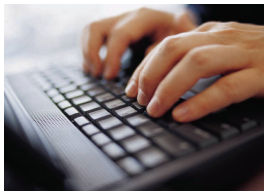


**A NOTE TO PATIENTS:**

Our doctors request that patient forms are updated annually. For your convenience, you may complete these forms from your home computer. Please visit our website to complete the two forms, and then submit them to us electronically.



Visit our website at:  
[www.indianaeyeclinic.com](http://www.indianaeyeclinic.com)

- FORMS:** 1. Patient Information Form  
2. Medical History Form

**Tell Us What You Think**

After five years, **Kelly E. Circle** was tired of wearing her eyeglasses. She tried contact lenses but didn't like them. So in June 2007, she scheduled a complimentary consultation at IEC to learn more about laser vision correction.

Kelly was the perfect candidate for refractive surgery: in her late 20s & a low degree of refractive error. She had

laser eye surgery 2 weeks later, and after a short recovery time was seeing **20 / 20 without glasses!** Kelly was so happy with her post-op vision that she joined our staff in January 2008.

We welcome comments about your experiences at the Indiana Eye Clinic. Drop us a line, give us a call, or use our website to send comments to us.

**Welcome New Employees**

- |                             |                              |
|-----------------------------|------------------------------|
| Julie Broshears, Front Desk | Cathy Griffith, Front Desk   |
| Lauren Burton, Optical      | Chantelle Stancu, Front Desk |
|                             | Kim Seabolt, Clinic          |



THE INDIANA EYE CLINIC  
[www.indianaeyeclinic.com](http://www.indianaeyeclinic.com)

**Our Mission Statement:**

*The doctors, nurses, and staff at the Indiana Eye Clinic respect each individual patient's importance.*



*Our commitment to you is to improve your life by taking care of one of your most important senses — your sight.*

**Meet Dr. Allen**

**Keely Allen, O.D.**, has clinic hours at both our Greenwood and Plainfield offices. She earned her Bachelor's Degree at the University of Missouri - St. Louis, Magna Cum Laude, and graduated with honors from Indiana University School of Optometry.



Dr. Allen is a member of the American Optometric Association, Indiana Optometric Association and Beta Sigma Kappa Optometric Honor Society. She provides complete eye exams, contact lens fittings and manages vision-related problems.

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IEC COUPON

**25% OFF** **Sunglasses**

including Designer Collections.  
Hurry, limited time offer!

- |                                                                                              |                                                                                         |
|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 30 N. Emerson Avenue<br>Greenwood, IN 46143<br>(317) 881-3937 (EYES)<br>(317) 887-4011 (Fax) | 1100 Southfield Drive<br>Plainfield, IN 46168<br>(317) 839-7300<br>(317) 839-7500 (Fax) |
|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|

**EYE CARE**

**Views & News**

Volume 1, Issue 2

The Indiana Eye Clinic Newsletter

Summer 2008

**Patient Education: Glaucoma Seminar**

- William Keeling, Ph.D., M.D. is available to see patients in Plainfield, Greenwood, and Greencastle, IN.
- Carissa Barina, M.D. sees patients in Plainfield & Brazil, IN.
- Patient Education Series — next topic: Cataracts & Options in Lens Replacement. Check our website for dates & times and to RSVP.



Charles O. McCormick III, M.D. explains glaucoma and the latest treatment options during a recent educational seminar held at the Indiana Eye Clinic.

Glaucoma is a serious disease that can cause blindness without warning or symptoms. At increased risk for developing glaucoma are people over age 40, people with a family history of glaucoma, Hispanic Americans, African Americans, hypertension, myopia (nearsightedness), poor ocular circulation, previous eye injury, people who have used steroid / cortisone medications long-term, and people with elevated intraocular pressure. "Screening & early intervention are critical to detecting and stopping the progression

of glaucoma," said **Charles O. McCormick, M.D.**, co-founder of the Indiana Eye Clinic.

At our recent seminar, Dr. McCormick talked about glaucoma & SLT (Selective Laser Trabeculoplasty) — a breakthrough laser treatment in the fight to stop vision loss from glaucoma. SLT may be an option for patients who have been treated with laser surgery in the past or with pressure lowering eye drops.

This laser treatment may eliminate or reduce the quantity of prescription medications, eye drops, surgery and/or other invasive treatments. SLT is available at our clinic.

For information on future topics in our free patient education series, visit [www.indianaeyeclinic.com](http://www.indianaeyeclinic.com).

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**Donna Holman Celebrates 15th Year**

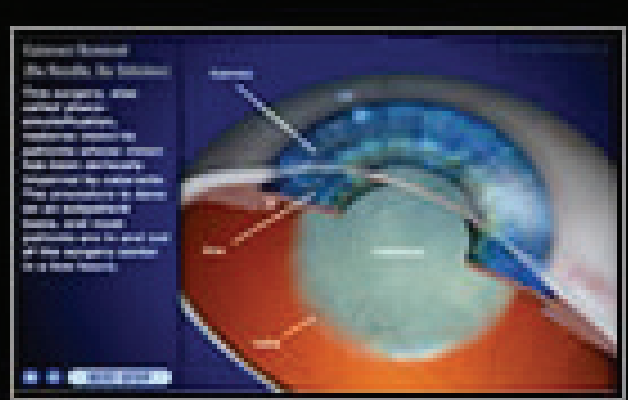
**Donna Holman** recently celebrated her 15 year anniversary at the Indiana Eye Clinic. Donna serves as our **Business Office Supervisor**. She oversees accounting, billing, insurance, tax and

payroll for both our Greenwood and Plainfield offices. **Thank you, Donna, for your contributions to the Indiana Eye Clinic.** You are an invaluable member of our team.



**IEC**  
THE INDIANA EYE CLINIC  
Greenwood, IN • Plainfield, IN

## Animated Procedures Available on IEC Website



### View Animations

Visit [www.indianaeyeclinic.com](http://www.indianaeyeclinic.com) and click the "View Animations" box. Then select "Procedures" or "Conditions" and the various topics within each list.

To provide free educational materials to our patients and their families, we have added "Animations" to our website. These short video clips illustrate surgical procedures — including cataract surgery — to help explain what happens during surgery or to explain an eye condition. Some of the video clips include narration to help describe the animation.

Just click on the "VIEW ANIMATIONS" box on our website's home page.

Then select "Procedures" or "Conditions" to view these menu items:

- Cataract Removal
- Conductive Keratoplasty (CK)
- Focal Laser Photocoagulation
- Refractive Lens Exchange
- YAG Laser
- After Cataracts
- Cataracts
- Common Vision Problems
- Glaucoma
- Macular Degeneration

Our web address is: [www.indianaeyeclinic.com](http://www.indianaeyeclinic.com)

## Sunglasses: Eye Protection or Fashion Statement

From rock stars to soccer moms, today's trend is to buy multiple pairs of sunglasses to accessorize with trendy wardrobes.

The first & most important reason to wear sunglasses is for the **health benefit**: to protect your eyes from harmful UV rays that increase risks of developing eye problems. The rays travel year-round through glass, clouds, water and some fabrics. **UVB**, the sun's "burning" rays, can cause eyelid and other skin cancers and photokeratitis (sunburn of the eye). UVB rays are more intense during the summer. Eye experts believe overexposure may

contribute to cataracts and macular degeneration. **UVA**, the sun's "aging" rays, also contribute to facial wrinkles.

The second reason is that sunglasses help to express **personality and style**. Designs can enhance your face and give you a new look! Choose sunglasses that best fit your facial type to accentuate your features.

For the best sun protection, choose sunglasses that block UVA & UVB rays. Other things to consider are: glare, bright sunlight, polarized lenses, mirrored coatings & photochromic lenses. With so many options, let our **certified opticians** help you choose the correct

sunglasses for your shape of face, fashion and lifestyle needs.

Children need sun protection as well. Most sun damage occurs to the eyes by age 18.\*

\*source: National Eye Institute



*"With selections from top designers like Prada, Versace and Ralph Lauren, sunglasses have become quite the fashion accessory."*

*Many people own several pairs to wear with different outfits — from casual to dressy."*

## In Your Community

We participate in many health fairs around central Indiana to provide educational materials about eye health. We recently had a booth at the Greenwood Senior Citizens Center "Senior Expo". This event

included free lunch, entertainment and 90 vendors. Over 600 people attended. Hendricks County Senior Services will host "Health Matters" on Friday, July 25, 10—11:30 am, at the senior center in Danville.

Hendricks Regional Health will provide free health screenings. For information about "Health Matters" and the screenings, contact Hendricks County Senior Services at 317-745-4303.



## Options in Lens Replacement

Cataract surgery involves removing the eye's cloudy lens and replacing it with a man-made lens that allows better vision after surgery. The standard intraocular lens (IOL) does not eliminate the need for eyeglasses but may reduce dependency on glasses, especially for distance vision. Exciting **new**

**options** in replacement lenses are now available. These "lifestyle" lenses offer the highest technology currently available and may allow you to see at all distances — **near,**



Crystalens®

**intermediate and far**—eliminating the need for eyeglasses after surgery.

Lifestyle lenses are a **smart choice** for people who wish to enjoy life with little or no dependency on glasses after cataract surgery. Ask your ophthalmologist if lifestyle lenses are an option for you.

*"There are exciting new options for lens replacement which allow greater independence from eyeglasses after cataract surgery."*

## Pentacam Provides Precise Measurement of Cornea & Lens

Our special testing equipment includes a brand new state-of-the-art **Pentacam**.

The Pentacam is a Scheimpflug camera that rotates to measure the anterior eye segment. It provides sharp, crisp images from the corneal surface to the posterior crystalline capsule.

The key advantages of the rotating imaging process are the precise measurement of the

central cornea, correction of eye movements, easy fixation for patients, and shorter exam times.



The Pentacam calculates a 3D mathematical model

of the anterior segment to provide more accurate mapping and measurements of the eye's elevations and depressions. It provides the following information:

- anterior and posterior corneal topography and elevation maps
- corneal thickness from side to side
- 3D-chamber analyzing (ACD-map, chamber angle, chamber volume etc.)
- tomography

- lens density and opacification
- improved calculations for post LASIK, PRK & RK patients

This valuable information helps your ophthalmologist in creating a treatment plan to improve your vision. The Pentacam is the **optimum analyzer** for:

- refractive surgery
- cataract surgery
- glaucoma screening
- general screening

Source: Oculus USA